


LEARNING INSIGHTS REFERENCE GUIDE

The  **TheSuccessConnection** learning system enables people to manage and value self, value and manage relationships, and enhance intrapersonal and interpersonal skills and competencies to create mutual agreements and commitments.

Personal Insights	Individual Insights	<p>Personal Insight into Self Awareness: People assess themselves, identify and learn their present state of strengths and limitations.</p> <ul style="list-style-type: none"> • Know the impact of communication barriers and develop new skills. • Recognize positive and negative attitudes and the opportunity of personal choice. • Manage emotions and feelings by realizing their effect on self and others. • Develop a positive self-concept, self-confidence and self-esteem which support positive choices. • Define how thoughts and attitudes lead to expression as personality and behaviors. • Enhance personal strengths to which others respond favorably.
		<p>A Process for Personal Performance Management: People develop strategies, techniques and behaviors that lead to higher quality and more fulfilling lives creating outcomes and results they desire.</p> <ul style="list-style-type: none"> • Acquire methods to improve self-motivation, energy, and drive. • Discover methods to eliminate tensions and overcome obstacles. • Increase ability to handle negative situations with poise, control and confidence. • Learn the positive outcomes of creating trust, honesty and empathy. • Utilize methods of self-management and goals which support a defined life purpose.
Task Insights	Group Insights	<p>Valuing Others in Social and Group Environments: People recognize, respond, and design personal, work, group, and social accountability.</p> <ul style="list-style-type: none"> • Develop an awareness of the desires of others while fulfilling personal requirements. • Learn to recognize, affirm and acknowledge the contributions of others. • Define personal and collective beliefs and their impact in work and social environments. • Create interpersonal habitual behaviors that evoke positive outcomes. • Realize the impact of groups on ideas, beliefs, attitudes, behaviors, and results.
		<p>Managing Relationships With Others: People have a sense of success in their relationships using leadership, compassion, and actionable attitudes.</p> <ul style="list-style-type: none"> • Learn to think for yourself and get your ideas across to others. • Relate to others in a positive way with confidence, respectfully. • Handle relationship and interpersonal problems in an empowering manner for self and others. • Expand zones of tolerance in couples, team, group, work and social environments. • Enjoy and appreciate the richness of imagination, creativity and inspiration of others. <p>Acquiring Skills to Improve Personal and Professional Performance: People identify, create, and practice the skills demanded in today's social and work environments.</p> <ul style="list-style-type: none"> • Learn the responsibility and accountability of leadership. • Examine attitudes toward work and the resulting impact on work environments. • Develop and practice the ability to synthesize the conclusions and activities of a group verbally with the availability of immediate feedback. • Learn and practice oral, written, and graphic reporting of group interactions, decisions, and conclusions. • Delineate problem solving methods and decision making processes using creativity and imagination. • Establish a written plan for further growth, progress, and accomplishment.

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